



## LETTER FROM THE CEO

2009 marked 35 years of exemplary service for Alpha Supported Living Services, which began as The Alpha Home on Queen Anne Hill back in 1974. The home realized a dream for families who envisioned a fully integrated life in the community for their family member with a developmental disability. Since that first home the agency has changed dramatically, having experienced two major mergers with Seattle Specialized Residential Support and Residence East over the last three years, making Alpha Washington State's largest non-profit supported living services agency serving individuals with developmental disabilities.

Aligned with Alpha's five year strategic plan, exciting advancements and efficiencies have been realized over the past year to include: (1) the continued creation of video training documentaries on each of Alpha's clients for orientation of staff to understand the subtleties of each client's unique needs and interests; (2) the hiring of a full-time maintenance coordinator to work with our property managers and staff to ensure timely repairs and home upkeep; (3) the completion of a sound communications infrastructure between Alpha's East and West Branches; (4) the hiring of a new Development Director to further diversify the agency's contributed income base for long-term sustainability; and (5) the hiring of a full-time Registered Nurse whose

work around comprehensive health assessments and customized recommendations for nutrition and overall wellness for every client has already made a difference.

This past year we also said goodbye to six beloved Alpha clients: Terry Groesbeck, Richard Barker, Mary Oliver, Forest Skinner, Connie Thomas, and Ross Haugland. Each will be greatly missed and will forever be a part of Alpha's enduring legacy.

In the past two years, Alpha's staff and leadership have received unprecedented recognition. Not only was I proud to represent the agency in receiving a special leadership award from the ARC of Washington State at their annual Awards luncheon in September, Alpha's two Branch Directors, Rob Burmaster and Jill Brubacher were awarded consecutive Emerging Leader Awards from the state's Community Residential Services Association. Rob was honored in 2008; Jill in 2009. Such awards speak to our distinctive focus on staff development and retention. Alpha is proud of its exceptionally low turnover rate—18% compared to the State average of 44%. A recent survey also revealed that 80% of our direct support team has been with us for over three years. Nothing is better for the 90 individuals we support than consistent interaction with people and professionals they know and trust.

Now over 300 employees strong with a \$9.5 million budget, Alpha Supported Living Services has stayed the course of fiscal discretion and operational integrity, still providing the highest quality service to its clients despite uncertain economic times. As an agency we are fully engaged in advocating that our state provide opportunities for all people with developmental disabilities to live in the community. Alpha will always stand proudly at the forefront of this effort. State budget cuts have taken their toll on our industry, but Alpha Supported Living Services's resilient commitment to industry leadership and service excellence has fueled a momentum that will carry Alpha's influence into 2010 and beyond. Regardless of the challenges ahead, we are buoyed by a growing network of Alpha family members, friends, colleagues, and patrons. As we continue reaching for new heights in serving our inspiring clients in this coming decade, and in championing the rights of all citizens with developmental disabilities, we thank you so much for your ongoing, invaluable support.



Scott Livengood  
Chief Executive Officer

## INCOME STATEMENT

### OPERATING REVENUE

DSHS Payments	\$8,937,908
Grants, Donations, & Fundraising	\$235,414
Accounting Services	\$69,209
Other Revenue	\$297,845
<b>TOTAL OPERATING REVENUE</b>	<b>\$9,540,376</b>

### OPERATING EXPENSES

Direct Support Wages & Benefits	\$7,919,496
Administrative Wages & Benefits	\$723,181
Vehicle Operation, Insurance, & Transportation	\$201,158
Office Rent	\$181,668
Depreciation	\$149,416
Maintenance, Utilities & Household Expenses	\$89,587
Accounting Services Wages & Benefits	\$54,597
Telephone & Communication	\$48,230
Purchased Services	\$47,344
Business Insurance, Dues, Licensing, & Taxes	\$39,876
Office Supplies	\$36,344
Program Supplies & Fees	\$35,972
Staff Development & Education	\$33,566
Minor Equipment	\$12,734
Other Operation Expenses	\$25,009
<b>TOTAL OPERATING EXPENSES</b>	<b>\$9,598,178</b>

**NET OPERATING INCOME** **(\$57,802)**

### NON-OPERATING INCOME

Interest/Gain on Investments \$124,669

**NET INCOME** **\$66,867**

## BALANCE SHEET

December 31, 2009

### ASSETS

Total Current Assets	\$1,254,152
Total Property & Equipment	\$798,747
Total Other Assets	\$1,247,793
<b>TOTAL ASSETS</b>	<b>\$3,300,692</b>

### LIABILITIES & NET ASSETS

Total Current Liabilities	\$652,376
Total Long Term Liabilities	\$71,332
<b>TOTAL LIABILITIES</b>	<b>\$723,708</b>

### NET ASSETS

Net Assets, Beginning Of Year	\$2,510,117
Net Income	\$66,867
<b>TOTAL NET ASSETS</b>	<b>\$2,576,984</b>
<b>TOTAL LIABILITIES &amp; NET ASSETS</b>	<b>\$3,300,692</b>





## MANAGEMENT 2009-2010

Scott Livengood  
*Chief Executive Officer*

### West Branch

Rob Burmaster  
*Branch Director*

Craig Eidsmoe  
*Clinical Manager*

Patricia Minton  
*Human Resources  
Manager*

Collin Capes  
*Client Services  
Manager*

### Corporate

Leslie Kinkade  
*Development Director*

Davina Gilroy  
*Controller*

Amanda Reinhard  
*Financial Services  
Manager*

Glen Turner  
*Lead Bookkeeper*

### East Branch

Jill Brubacher  
*Branch Director*

Chris Allen  
*Clinical Manager*

Kris Brown  
*Human Resources  
Manager*

Mary Barrow  
*Client Services  
Manager*



## BOARD OF DIRECTORS 2009-2010

Michele Moored  
*President*

Stacy Gillett  
*Vice President*

Donald Barker

Bob Breskovich

Linda Johnson

Mark Johnson

Doug Coleman  
*Treasurer*

Jim Kuresman

Sally Puff

Bob Puff

Brent McCullough

Evelyn Chapman  
*Secretary*

Penny Martin

Sherry McNary

Wally Tablit

## DONOR LISTING 2009

We gratefully acknowledge the following individuals and organizations who generously contributed \$100 or more in support of Alpha's mission in 2009:

### INDIVIDUAL SUPPORT

#### Premier

Anonymous  
Judy and Barry Ohai

#### Principal

Robert and Barbara Breskovich  
Ruth and Steven Gimpel  
Mary and Michael Lee  
Sally and Robert Puff

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Jan Johnston and Washington Women's Foundation  
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Mary Pat and John Osterhaus  
Lisa and Doug Stewart  
Camille Uhler

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Michele Moored  
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Connie and Frederick Scheetz  
April Woods and Paul Kinney

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Sock and Jung Yoon

### ORGANIZATIONAL SUPPORT

#### Premier

The Seattle Foundation

#### Major

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#### Leader

Gallagher Benefit Services, Inc.  
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Weevilnine Design  
Woodinville Fire & Life Safety District

*“PROVIDING SUPPORT, EMPOWERING CHOICES, AND ENCOURAGING INDIVIDUALITY SINCE 1974”*



At Alpha Supported Living Services, we create nurturing communities. This holds true throughout the entire agency, as well as within each home. At Olympic House in Lake Forest Park, Jacob, Rashid, and Travis maintain a closeknit bond alongside their amazing and versatile direct support team led by Program Supervisor, Dan Agerup. The supported living setting, with a relatively small number of housemates (in this case three), is ideal for maximizing opportunities for greater client independence and personal empowerment.

When Jacob first came to Alpha, he was subdued and introverted due to a number of medications he was taking to alleviate challenging autistic behaviors. Staff from Alpha worked with medical professionals to diagnose Jacob with Celiac Disease, a medical condition that compromises the digestive system. Jacob is now more active and engaged than ever. His daily medications have been reduced to a single multivitamin! Jacob's gluten and casein-free diet has even caught on with the rest of his housemates. Olympic House cuisine has quickly become a nutritional model for health and well-being, and was featured in a Seattle P-I article discussing the link between autism and diet.

Jacob's housemates, Rashid and Travis, have also reaped the benefits of Alpha's nurturing environment. Before coming to Alpha, Rashid had been placed in an institutional setting as a result of his aggressive tendencies. Rashid has made a successful transition into community living, having recently graduated from high school. With assistance from Alpha's resourceful staff and community partners, Rashid reached another life milestone and became a United States citizen last December. Despite some of Travis's physical challenges, he keeps everyone motivated with his infectious energy and smile. The dedicated staff who support these three remarkable men on a 24-7 basis are committed to helping each of them further their individual goals and access the community as much as possible. Many of the Olympic House team have been with the agency for over three years, testimony to staff continuity directly correlating to client progress and development. Jacob, Rashid, and Travis regularly attend Alpha Walking Club, as well as Special Olympics practices and competitions. They frequently get together with their job coaches, pursue arts and crafts projects, attend dances, engage in rock climbing adventures, share weekend outings, and much more. Together, Olympic House clients and staff live Alpha's vital mission every hour of every day.

*THE MISSION OF ALPHA SUPPORTED LIVING SERVICES IS TO SERVE INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES  
BY PROVIDING ACCESSIBLE RESIDENTIAL AND OTHER SUPPORT SERVICES THAT WILL MAXIMIZE EACH PERSON'S QUALITY OF LIFE.*